

**BLESSED-DEMENTIA
INFORMATION-MEMORY-
CONCENTRATION TEST**

Patient Name: _____
Rater Name: _____
Date: _____

Instruction

One point for each correct answer unless otherwise indicated.

Score

INFORMATION

Name _____
Age _____
Time (hour) _____
Time of day _____
Day of week _____
Date _____
Month _____
Season _____
Year _____
Place: name _____
 street _____
 town _____
Type of place (for example, home, hospital, etc.) _____
Recognition of two persons (*one point for each*) _____

MEMORY

Personal

Date of birth _____
Place of birth _____
School attended _____
Occupation _____
Name of siblings/name of spouse _____
Name of any town where patient worked/lived _____
Name of employers _____

Non-personal

Date of First World War (1/2 within 3 years) _____
Date of Second World War (1/2 if within 3 years) _____
Monarch _____
Prime Minister _____

Five-minute recall (score 0-5 points)

Mr John Brown _____
42 West Street _____
Gateshead _____

CONCENTRATION (*all scored 0-1-2*)

Months of year backwards _____
Counting 1-20 _____
Counting 20-1 _____

TOTAL _____

References

Blessed G, Tomlinson BE, Roth M. “The association between quantitative measures of dementia and of senile change in the cerebral grey matter of elderly subjects.

[*Br J Psychiatry.* 1968;114:797-811.](#)

Stern Y, Hesdorffer D, Sano M, Mayeux R. “Measurement and prediction of functional capacity in Alzheimer’s disease.

[*Neurology.* 1990;40:8-14.](#)

Zillmer EA, Fowler PC, Gutnick, HN, Becker E. “Comparison of two cognitive bedside screening instruments in nursing home residents: a factor analytic study.”

[*Journal of Gerontology.* 1990;45:69-74.](#)